

| ZILE SAPTAMANII                  | REGIM                                    | MIC DEJUN                                     | GRAMAJ                                                         | SUPLIMENT ORA<br>10:00 | PRANZ                                                                  | DESERT | SUPLIMENT ORA<br>16:00 | CINA                               |
|----------------------------------|------------------------------------------|-----------------------------------------------|----------------------------------------------------------------|------------------------|------------------------------------------------------------------------|--------|------------------------|------------------------------------|
| <b>LUNI</b><br><b>20.10.2025</b> | REGIM/COMUN                              | CEAI,IAURT,SALAM,BR.TOPITA,UNT,GEM,PAINE      | 200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    |                        | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | DIABET / INSULINA                        | CEAI,SALAM,BR.TOPITA,UNT,PAINE                | 200ml/1buc100gr/2buc-35gr/2buc-20gr/300gr                      | IAURT                  | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    | PATEU                  | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | HEPATIC                                  | CEAI,SALAM,BR.TOPITA,UNT,GEM,PAINE            | 200ml/1buc100gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr            | IAURT                  | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    | BISCUITI               | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | LAUZE                                    | CEAI,SALAM,BR.TOPITA,UNT,GEM,PAINE            | 200ml/1buc100gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr            | IAURT<br>MUSLI         | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    | BISCUITI               | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | COPII 0-3 ANI/3-16<br>INSOTITOR          | CEAI,IAURTMUSLI,SALAM,BR.TOPITA,UNT,GEM,PAINE | 200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    |                        | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | ENTEROCOLITA<br>COPII/ADULTI             | BRANZA VACA,PAINE                             | 100gr/300gr                                                    |                        | SUPA CLARA DE LEGUME CU FIDEA<br>PILAF DE OREZ CU PULPA DE PUI FIARTA  |        | BISCUITI               | CARTOFI NATUR                      |
|                                  | CLOSTRIDIUM DIFFICILE                    | CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI       | 200ml/100gr/1buc-100gr                                         |                        | SUPA CLARA DE LEGUME CU FIDEA<br>PILAF DE OREZ CU PULPA DE PUI FIARTA  |        |                        | CEAI NEINDULCIT,CARTOFI NATUR      |
|                                  | PISAT                                    | CEAI,IAURT,BISCUITI                           | 200ml/1buc-125gr,1buc-100gr                                    |                        | SUPA CLARA DE LEGUME CU FIDEA<br>PILAF DE OREZ CU PULPA DE PUI FIARTA  |        |                        | CEAI,IAURT,BISCUITI                |
|                                  | POSTOPERATOR 1                           | CEAI,BISCUITI,IAURT                           | 200ml/1buc-100gr/1buc-125gr                                    |                        | SUPA CLARA DE LEGUME CU FIDEA<br>PILAF DE OREZ CU PULPA DE PUI FIARTA  |        |                        | CARTOFI NATUR                      |
|                                  | POSTOPERATOR 2                           | CEAI,IAURT,SALAM,BR.TOPITA,UNT,GEM,PAINE      | 200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    |                        | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | LFV(lacto-fainos-vegetarian)             | CEAI,IAURT,BR.FAGARS,UNT,GEM,PAINE            | 200ml/1buc125gr/1buc-1285gr/2buc-20gr/2buc-40gr,300gr          |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU CIUPERCI              | MAR    |                        | MAMALIGA CU BRANZA SI SMANATANA    |
|                                  | INTOLERANTA LA LACTOZA                   | CEAI,CONSERVA DE PESTE,GEM,PAINE              | 200ml/1buc-80gr/2buc-40gr/300gr                                |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    |                        | MAMALIGA CU TOCANIOTA DE PULPE PUI |
|                                  | GARZI                                    | CEAI,IAURT,SALAM,BR.TOPITA,UNT,GEM,PAINE      | 200ml/1buc125gr/1buc-100gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC      | MAR    |                        | MAMALIGA CU TOCANITA DE PULPE PUI  |
|                                  | CULTE RELIGIOASE<br>(fara carne de porc) | CEAI,IAURT,BR.TOPITA,UNT,GEM,PAINE            | 200ml/1buc125gr/2buc-35gr/2buc-20gr/2buc-40gr/300gr            |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PULPE PUI | MAR    |                        | MAMALIGA CU TOCANITA DE PULPE PUI  |

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate; 4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

| ZILE SAPTAMANII                   | REGIM                           | MIC DEJUN                                               | GRAMAJ                                                              | SUPLIMENT ORA<br>10:00 | PRANZ                                                                 | DESERT     | SUPLIMENT ORA<br>16:00 | CINA                                     |
|-----------------------------------|---------------------------------|---------------------------------------------------------|---------------------------------------------------------------------|------------------------|-----------------------------------------------------------------------|------------|------------------------|------------------------------------------|
| <b>MARTI</b><br><b>21.10.2025</b> | REGIM/COMUN                     | CEAI,LAPTEUHT,CRENVUSTI,MUSATR,UNT,MIERE,PAINE          | 200ml/1buc-200ml/2buc/1buc-30gr,2buc-20gr/2buc-40gr/300gr           |                        | CIORBA DE PERISOARE CU SMANATNA<br>MAZARE BOABE CU PULPE DE PUI       | BRANZOAICA |                        | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | DIABET / INSULINA               | CEAI,LAPTEUHT,CRENVUSTI,MUSATR,UNT,PAINE                | 200ml/1buc-200ml/2buc/1buc-30gr,2buc-20gr/300gr                     | IAURT                  | CIORBA DE PERISOARE CU SMANATNA<br>MAZARE BOABE CU PULPE DE PUI       | MAR        | CONSERVA DE PESTE      | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | HEPATIC                         | CEAI,LAPTEUHT,CRENVUSTI,UNT,MIERE,PAINE                 | 200ml/1buc-200ml/2buc/2buc-20gr/2buc-40gr/300gr                     | IAURT                  | CIORBA DE PERISOARE CU SMANATNA<br>MAZARE BOABE CU PULPE DE PUI       | BRANZOAICA | CONSERVA DE PESTE      | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | LAUZE                           | CEAI,LAPTEUHT,CRENVUSTI,MUSATR,UNT,MIERE,PAINE          | 200ml/1buc-200ml/2buc/1buc-30gr,2buc-20gr/2buc-40gr/300gr           | IAURT<br>MUSLI         | CIORBA DE PERISOARE CU SMANATNA<br>MAZARE BOABE CU PULPE DE PUI       | BRANZOAICA | CONSERVA DE PESTE      | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | COPII 0-3 ANI/3-16<br>INSOTITOR | CEAI,LAPTEUHT,CRENVUSTI,MUSATR,UNT,MIERE,PAINE,BISCUITI | 200ml/1buc200ml/2buc/1buc-30gr,2buc-20gr/2buc-40gr/300gr/1buc-100gr |                        | CIORBA DE PERISOARE CU SMANATNA<br>MAZARE BOABE CU PULPE DE PUI       | BRANZOAICA |                        | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | ENTEROCOLITA<br>COPII/ADULTI    | BRANZA VACA,PAINE                                       | 100gr/300gr                                                         |                        | SUPA CLARA DE LEGUME CU OREZ<br>CARTOFI NATUR CU PULPA DE PUI FIARTA  |            | BISCUITI               | PILAF DE OREZ CU MORCOVI                 |
|                                   | CLOSTRIDIUM DIFFICILE           | CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI                 | 200ml/100gr/1buc-100gr                                              |                        | SUPA CLARA DE LEGUME CU OREZ<br>CARTOFI NATUR CU PULPA DE PUI FIARTA  |            |                        | CEAI NEINDULCIT,PILAF DE OREZ CU MORCOVI |
|                                   | PISAT                           | CEAI,LAPTE UHT,BISCUITI                                 | 200ml/200ml/1buc-100gr                                              |                        | CIORBA DE PERISOARE CU SMANTANA<br>CARTOFI NATUR CU PULPA DE PUI      |            |                        | CEAI,BISCUITI,IAURT                      |
|                                   | POSTOPERATOR 1                  | CEAI,BISCUITI,IAURT                                     | 200ml/1buc-100gr/1buc-125gr                                         |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |            | IAURT                  | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | POSTOPERATOR 2                  | CEAI,CRENVUSTI,MIERE,PAINE                              | 200ml/2buc/2buc-40gr/300gr                                          |                        | CIORBA DE PERISOARE CU SMANTANA<br>CARTOFI NATUR CU PULPA DE PUI      | BRANZOAICA |                        | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | LFV(lacto-fainos-vegetarian)    | CEAI,LAPTE UHT,UNT,MIERE                                | 200ml/200ml/2buc-20gr/2buc-40gr                                     |                        | SUPA CLARA DE LEGUME CU FIDEA<br>MANCARE DE MAZARE BOABE              | BRANZOAICA |                        | MACAROANE CU BRANZA SI SMANTANA          |
|                                   | INTOLERANTA LA LACTOZA          | CEAI,CRENVUSTI,MIERE,PAINE                              | 200ml/2buc/2buc-40gr/300gr                                          |                        | CIORBA DE PERISOARE CU BULION<br>MAZARE BOABE CU PULPE DE PUI         | MAR        |                        | MACAROANE CU PULPE DE PUI                |

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni: Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

| ZILE SAPTAMANII                      | REGIM                                 | MIC DEJUN                                      | GRAMAJ                                                     | SUPLIMENT ORA<br>10:00 | PRANZ                                                              | DESERT | SUPLIMENT ORA<br>16:00 | CINA                                 |
|--------------------------------------|---------------------------------------|------------------------------------------------|------------------------------------------------------------|------------------------|--------------------------------------------------------------------|--------|------------------------|--------------------------------------|
| <b>MIERCURI</b><br><b>22.10.2025</b> | REGIM/COMUN                           | CEAI,IAURT,OUIERT,BR.FAGARS,UNT,GEM,PAINE      | 200ml/1buc125gr/1buc,1buc-185gr/2buc-40gr/300gr            |                        | SUPA DE FASOLE VERDE CU SMANTANA SARMALE                           | MAR    |                        | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | DIABET / INSULINA                     | CEAI,IAURT,OUIERT,BR.FAGARS,UNT,PAINE          | 200ml/1buc125gr/1buc,1buc-185gr/300gr                      | IAURT                  | SUPA DE FASOLE VERDE CU SMANTANA SARMALE                           | MAR    | PATEU                  | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | HEPATIC                               | CEAI,BR.FAGARS,UNT,GEM,PAINE                   | 200ml/1buc-185gr/2buc-40gr/300gr                           | IAURT                  | SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI      | MAR    | BISCUITI               | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | LAUZE                                 | CEAI,IOUIERT,BR.FAGARS,UNT,GEM,PAINE           | 200ml/1buc125gr/1buc,1buc-185gr/2buc-40gr/300gr            | IAURT MUSLI            | SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI      | MAR    | BISCUITI               | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | COPII 0-3 ANI/3-16 INSOTITOR          | CEAI,IAURTMUSLI,OUIERT,BR.FAGARS,UNT,GEM,PAINE | 200ml/1buc125gr/1buc,1buc-185gr/2buc-40gr/300gr            |                        | SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI      | MAR    |                        | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | ENTEROCOLITA COPII/ADULTI             | BRANZA VACA,PAINE                              | 100gr/300gr                                                |                        | SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA |        | BISCUITI               | OREZ FIERT                           |
|                                      | CLOSTRIDIUM DIFFICILE                 | CEAI NEINDULCIT,OU FIERT,PAINE,BISCUITI        | 200ml/1buc/300gr/1buc-100gr                                |                        | SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA |        |                        | CEAI NEINDULCIT,OREZ FIERT           |
|                                      | PISAT                                 | CEAI, IAURT,BISCUITI                           | 200ml/1buc-125gr/1buc-100gr                                |                        | SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI      |        |                        | CEAI,BISCUITI,IAURT                  |
|                                      | POSTOPERATOR 1                        | CEAI,BISCUITI,IAURT                            | 200ml/1buc-100gr/1buc-125gr                                |                        | SUPA CLARA DE LEGUME CU FIDEA CARTOFI NATUR CU PULPA DE PUI FIARTA |        | IAURT                  | CARTOFI NATUR                        |
|                                      | POSTOPERATOR 2                        | CEAI,IAURT,BR.FAGARS,GEM,PAINE                 | 200ml/1buc125gr/1buc-185gr,2buc-40gr/300gr                 |                        | SUPA CLARA DE LEGUME CU FIDEA OREZ SARBESC CU PULPE DE PUI         | MAR    |                        | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | LFV(lacto-fainos-vegetarian)          | CEAI,IAURT,OUIERT,BR.FAGARS,UNT,GEM,PAINE      | 200ml/1buc-125gr/1buc/1buc-185gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI      | MAR    |                        | LEGUME GRATINATE                     |
|                                      | INTOLERANTA LA LACTOZA                | CEAI,OUIERT,PATEU,GEM,PAINE                    | 200ml/1buc/1buc-125gr/2buc40gr/300gr                       |                        | SUPA CLARA DE LEGUME CU FIDEA SARMALE                              | MAR    |                        | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | GARZI                                 | CEAI,IAURT,OUIERT,BR.FAGARS,UNT,GEM,PAINE      | 200ml/1buc125gr/1buc,1buc-185gr/2buc-40gr/300gr            |                        | SUPA DE FASOLE VERDE CU SMANTANA SARMALE                           | MAR    |                        | LEGUME GRATINATE CU FRIPTURA DE PORC |
|                                      | CULTE RELIGIOASE (fara carne de porc) | CEAI,IAURT,OUIERT,BR.FAGARS,UNT,GEM,PAINE      | 200ml/1buc125gr/1buc,1buc-185gr/2buc-40gr/300gr            |                        | SUPA DE FASOLE VERDE CU SMANTANA OREZ SARBESC CU PULPE DE PUI      | MAR    |                        | LEGUME GRATINATE CU PULPE DE PUI     |

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

| ZILE SAPTAMANII                 | REGIM                                 | MIC DEJUN                                    | GRAMAJ                                                 | SUPLIMENT ORA<br>10:00 | PRANZ                                                                 | DESERT     | SUPLIMENT ORA<br>16:00 | CINA                                    |
|---------------------------------|---------------------------------------|----------------------------------------------|--------------------------------------------------------|------------------------|-----------------------------------------------------------------------|------------|------------------------|-----------------------------------------|
| <b>JOI</b><br><b>23.10.2025</b> | REGIM/COMUN                           | CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE | 200ml/200ml/100gr/2 buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA DE VARZA CU SMANTANA<br>MACAROANE CU TOCANITA DE PORC            | BRANZOAICA |                        | GRİȘ IN LAPTE                           |
|                                 | DIABET / INSULINA                     | CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,PAINE     | 200ml/200ml/100gr/2 buc-35gr/2buc-20gr/2buc-40gr/300gr | IAURT                  | SUPA DE VARZA CU SMANTANA<br>MACAROANE CU TOCANITA DE PORC            | MAR        | CONSERVA DE PESTE      | MAMALIGA CU TOCANIAT DE PULPE PUI       |
|                                 | HEPATIC                               | CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE | 200ml/200ml/100gr/2 buc-35gr/2buc-20gr/2buc-40gr/300gr | IAURT                  | SUPA CLARA DE LEGUME CU FIDEA<br>MACAROANE CU TOCANITA DE PORC        | BRANZOAICA | CONSERVA DE PESTE      | GRİȘ IN LAPTE                           |
|                                 | LAUZE                                 | CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE | 200ml/200ml/100gr/2 buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>MACAROANE CU TOCANITA DE PORC        | BRANZOAICA |                        | GRİȘ IN LAPTE                           |
|                                 | COPII 0-3 ANI/3-16 INSOTITOR          | CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE | 200ml/200ml/100gr/2 buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>MACAROANE CU TOCANITA DE PORC        | BRANZOAICA |                        | GRİȘ IN LAPTE                           |
|                                 | ENTEROCOLITA COPIII/ADULTI            | BRANZA DE VACA,PAINE                         | 100gr/300gr                                            |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |            | BISCUITI               | PILAF DE OREZ CU MORCOVI                |
|                                 | CLOSTRIDIUM DIFFICILE                 | CEAI,NEINDULCIT,BRANZA DE VACA,BISCUITI      | 200ml/100gr/1buc-100gr                                 |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |            |                        | CEAI,NEINDULCIT,PLAF DE OREZ CU MORCOVI |
|                                 | PISAT                                 | CEAI,LAPTE UHT,BISCUITI                      | 200ml/200ml/1buc-100gr                                 |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI        |            |                        | CEAI,BISCUITI,IAURT                     |
|                                 | POSTOPERATOR 1                        | CEAI,BISCUITI,IAURT                          | 200ml/1buc-100gr/1buc-125gr                            |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |            | IAURT                  | GRİȘ IN LAPTE                           |
|                                 | POSTOPERATOR 2                        | CEAI,SALAM,BR.TOPITA,GEM,PAINE               | 200ml/100gr/2buc-35gr/2buc-40gr/300gr                  |                        | SUPA CLARA DE LEGUME CU FIDEA<br>MACAROANE CU TOCANITA DE PORC        | BRANZOAICA |                        | GRİȘ IN LAPTE                           |
|                                 | LFV(lacto-fainos-vegetarian)          | CEAI,LAPTEUHT,BR.TOPITA,UNT,GEM,GEM          | 200ml/200ml/2buc-35gr/2buc-40gr/300gr                  |                        | SUPA DE VARZA CU SMANATNA<br>MACAROANE CU BRANZA SI SMANTANA          | BRANZOAICA |                        | GRİȘ IN LAPTE                           |
|                                 | INTOLERANTA LA LACTOZA                | CEAI,CONSERVAPESTE,PAINE,GEM,                | 200ML/80gr/300gr/2buc-40gr                             |                        | SUPA CLARA DE LEGUME CU FIDEA<br>MACAROANE CU TOCANITA DE PORC        | MAR        |                        | MAMALIGA CU TOCANITA DE PULPE PUI       |
|                                 | GARZI                                 | CEAI,LAPTEUHT,SALAM,BR.TOPIT A,UNT,GEM,PAINE | 200ml/200ml/100gr/2 buc-35gr/2buc-20gr/2buc-40gr/300gr |                        | SUPA DE VARZA CU SMANTANA<br>MACAROANE CU TOCANITA DE PORC            | BRANZOAICA |                        | MAMALIGA CU TOCANITA DE PULPE PUI       |
|                                 | CULTE RELIGIOASE (fara carne de porc) | CEAI,LAPTEUHT,BR.TOPITA,UNT,GEM,PAINE        | 200ml/200ml/2buc-35gr/2buc-20gr/2buc-40gr/300gr        |                        | SUPA DE VARZA CU SMANTANA<br>MACAROANE CU TOCANITA DE PULPE PUI       | BRANZOAICA |                        | GRİȘ IN LAPTE                           |

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| ZILE SAPTAMANII                    | REGIM                                    | MIC DEJUN                                                     | GRAMAJ                                                          | SUPLIMENT ORA<br>10:00 | PRANZ                                                                    | DESERT  | SUPLIMENT ORA<br>16:00 | CINA                                     |
|------------------------------------|------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------|------------------------|--------------------------------------------------------------------------|---------|------------------------|------------------------------------------|
| <b>VINERI</b><br><b>24.10.2025</b> | REGIM/COMUN                              | CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE                   | 200ml/125gr/2buc/1buc-30gr/2buc-20gr/2buc-40gr/300gr            |                        | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | EUGENIA |                        | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | DIABET / INSULINA                        | CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,PAINE                         | 200ml/125gr/2buc/1buc-30gr/2buc-20gr/300gr                      | IAURT                  | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | MAR     | PATEU                  | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | HEPATIC                                  | CEAI,IAURT,CRENVUSTI,UNT,MIERE,PAINE                          | 200ml/125gr/2buc/2buc-20gr/2buc-40gr/300gr                      | IAURT                  | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | MAR     | BISCUITI               | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | LAUZE                                    | CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE                   | 200ml/125gr/2buc/1buc-30gr/2buc-20gr/2buc-40gr/300gr            | IAURT<br>MUSLI         | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | EUGENIA | BISCUITI               | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | COPII 0-3 ANI/3-16<br>INSOTITOR          | CEAI,IAURT<br>MUSLI,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE,BISCUITI | 200ml/125gr/2buc/1buc-30gr/2buc-20gr/2buc-40gr/300gr/1buc-100gr |                        | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | EUGENIA |                        | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | ENTEROCOLITA<br>COPII/ADULTI             | BRANZA DE VACA,PAINE                                          | 100gr/300gr                                                     |                        | SUPA CLARA DE LEGUME CU OREZ<br>CARTOFI NATUR CU PULPA DE PUI FIARTA     |         | BISCUITI               | PILAF DE OREZ CU MORCOVI                 |
|                                    | CLOSTRIDIUM DIFFICILE                    | CEAI NEINDULCIT,BRANZA DE VACA,BISCUITI                       | 200ml/100gr/1buc-100gr                                          |                        | SUPA CLARA DE LEGUME CU OREZ<br>CARTOFI NATUR CU PULPA DE PUI FIARTA     |         |                        | CEAI NEINDULCIT,PILAF DE OREZ CU MORCOVI |
|                                    | PISAT                                    | CEAI,IAURT,BISCUITI                                           | 200ml/1buc-125gr/1buc-100gr                                     |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA    |         |                        | CEAI,BISCUITI,IAURT                      |
|                                    | POSTOPERATOR 1                           | CEAI,IAURT,BISCUITI                                           | 200ml/1buc-125gr/1buc-100gr                                     |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA    |         | IAURT                  | PILAF DE OREZ                            |
|                                    | POSTOPERATOR 2                           | CEAI,IAURT,CRENVUSTI,MIERE,PAINE                              | 200ml/1buc-125gr/2buc/2buc-40gr/300gr                           |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA    | MAR     |                        | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | LFV(lacto-fainos-vegetarian)             | CEAI,IAURT,UNT,MIERE,PAINE                                    | 200ml/1buc-125gr/2buc-20gr/2buc-40gr/300gr                      |                        | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR                         | EUGENIA |                        | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | INTOLERANTA LA LACTOZA                   | CEAI,CRENVUSTI,PAINE,MIERE                                    | 200ml/2buc/300gr/2buc-40gr                                      |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA    | MAR     |                        | MAMALIGA CU PULPE DE PUI                 |
|                                    | GARZI                                    | CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,MIERE,PAINE                   | 200ml/125gr/2buc/1buc-30gr/2buc-20gr/2buc-40gr/300gr            |                        | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | EUGENIA |                        | MAMALIGA CU BRANZA SI SMANTANA           |
|                                    | CULTE RELIGIOASE<br>(fara carne de porc) | CEAI,IAURT,UNT,MIERE,PAINE                                    | 200ml/125gr//2buc-20gr/2buc-40gr/300gr                          |                        | SUPA DE MAZARE BOABE CU GALUSTE<br>CARTOFI NATUR CU PULPE DE PUI LA TAVA | EUGENIA |                        | MAMALIGA CU BRANZA SI SMANTANA           |

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate; 4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

| ZILE SAPTAMANII                     | REGIM                                    | MIC DEJUN                                                 | GRAMAJ                                                            | SUPLIMENT ORA<br>10:00 | PRANZ                                                                 | DESERT     | SUPLIMENT ORA<br>16:00 | CINA                                        |
|-------------------------------------|------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------------------|------------------------|-----------------------------------------------------------------------|------------|------------------------|---------------------------------------------|
| <b>SAMBATA</b><br><b>25.10.2025</b> | REGIM/COMUN                              | CEAI, LAPTE UHT<br>SALAM, BRANZA TOPITA<br>UNT, GEM,PAINE | 200ml/200ml<br>100gr/2buc35gr/2buc<br>20gr2buc-40gr<br>1buc-300gr | -                      | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | BRANZOAICA | -                      | FIDEA IN LAPTE                              |
|                                     | DIABET / INSULINA                        | CEAI, LAPTE UHT<br>SALAM, BRANZA TOPITA<br>UNT,PAINE      | 200ml/200ml/<br>100gr/2buc-35gr/2buc<br>20gr/300gr                | IAURT                  | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | MAR        | CONSERVA<br>DE PESTE   | PIURE DE CARTOFI CU PULPE DE PUI LA TAVA    |
|                                     | HEPATIC                                  | CEAI, LAPTE UHT<br>SALAM, BRANZA TOPITA<br>UNT, GEM,PAINE | 200ml/200ml<br>100gr/2buc-35gr<br>2buc-20gr/2buc<br>40gr/300gr    | IAURT                  | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | BRANZOAICA | CONSERVA<br>DE PESTE   | FIDEA IN LAPTE                              |
|                                     | LAUZE                                    | CEAI, LAPTE UHT<br>SALAM, BRANZA TOPITA<br>UNT, GEM,PAINE | 200ml/200ml<br>100gr/2buc-35gr<br>2buc-20gr/2buc<br>40gr/300gr    | IAURT<br>MUSLI         | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | BRANZOAICA | CONSERVA<br>DE PESTE   | FIDEA IN LAPTE                              |
|                                     | COPII 0-3 ANI/3-16<br>INSOTITOR          | CEAI, LAPTE UHT<br>SALAM, BRANZA TOPITA<br>UNT, GEM,PAINE | 200ml/200ml<br>100gr/2buc-35gr<br>2buc-20gr/2buc<br>40gr, 300gr   |                        | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | BRANZOAICA |                        | FIDEA IN LAPTE                              |
|                                     | ENTEROCOLITA<br>COPII/ADULTI             | CEAI NEINDULCIT,BRANZA DE<br>VACA,PAINE,BISCUITI          | 200gr/100gr/300gr/<br>1-buc-100gr                                 |                        | SUPA CLARA DE LEGUME CU OREZ<br>CARTOFI NATUR CU PULPA DE PUI FIARTA  |            |                        | CEAI NEINDULCIT,PILAF DE OREZ<br>CU MORCOVI |
|                                     | CLOSTRIDIUM DIFFICILE                    | CEAI NEINDULCIT,BRANZA DE<br>VACA,PAINE,BISCUITI          | 200gr/100gr/300gr<br>1buc-100gr                                   |                        | SUPA CLARA DE LEGUME CU OREZ<br>CARTOFI NATUR CU PULPA DE PUI FIARTA  |            |                        | CEAI NEINDULCIT,PILAF DE OREZ<br>CU MORCOVI |
|                                     | PISAT                                    | CEAI, LAPTE UHT,BISCUITI                                  | 200ml/200ml<br>1 buc-100gr                                        |                        | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE                     |            |                        | BISCUITI,IAURT                              |
|                                     | POSTOPERATOR 1                           | CEAI ,BISCUITI,IAURT                                      | 200gr/100gr/<br>1 buc-125gr                                       |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |            | IAURT                  | FIDEA IN LAPTE                              |
|                                     | POSTOPERATOR 2                           | CEAI, SALAM,BRANZA<br>TOPITA,GEM,PAINE                    | 200ml/100gr/<br>2buc-35gr/2buc-40gr                               |                        | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | BRANZOAICA |                        | FIDEA IN LAPTE                              |
|                                     | LFV(lacto-fainos-<br>vegetarian)         | CEAI,LAPTE<br>UHT,BR.TOPITA,UNT,GEM,PAINE                 | 200ml/200ml<br>100gr/2buc-35gr<br>2buc-20gr/2buc<br>40gr/300gr    |                        | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE                     | BRANZOAICA |                        | FIDEA IN LAPTE                              |
|                                     | INTOLERANTA LA<br>LACTOZA                | CEAI,CONSERVA DE<br>PESTE,PAINE,GEM                       | 200ml/80gr/300gr/2bu<br>c-40gr                                    |                        | SUPA CLARA DE LEGUME CU FIDEA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | MAR        |                        | OREZ CU PULPE DE PUI                        |
|                                     | GARZI                                    | CEAI, LAPTE UHT<br>SALAM, BRANZA TOPITA<br>UNT, GEM,PAINE | 200ml/200ml/100gr<br>2buc-35gr/2buc-20gr<br>2buc-40gr/300g        | -                      | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU FRIPTURA DE PORC | MAR        | -                      | PIURE DE CARTOFI CU PULPE<br>DE PUI LA TAVA |
|                                     | CULTE RELIGIOASE<br>(fara carne de porc) | CEAI, LAPTE UHT<br>, BRANZA TOPITA<br>UNT, GEM,PAINE      | 200ml/200ml/<br>2buc-35gr/2buc-20gr<br>2buc-40gr<br>1buc-300gr    | -                      | CIORBA RADAUTEANA CU SMANTANA<br>LEGUME GRATINATE CU PULPE DE PUI     | BRANZOAICA | -                      | FIDEA IN LAPTE                              |

SUBSTANTE CARE CAUZEAZA ALERGII SAU INTOLERANTE ALIMENTARE: Cifre lista alergeni:Cereale care contin gluten(grau,secara,ovaz);2-Oua si produse derivate;3-Paste si produse derivate;4-Lapte si produse derivate;5-Telina si produse derivate;6-Mustar si produse derivate; 7-Produs congelat;8-Soia si produse derivate;9-Arahide si produse derivate

NOTA : ACEST MENIU POATE SUFERI MODIFICARI

"O ALIMENTATIE SANATOASA SI ECHILIBRATA CRESTE SPERANTA DE VIATA"

| ZILE SAPTAMANII                      | REGIM                                    | MIC DEJUN                                              | GRAMAJ                                                | SUPLIMENT ORA<br>10:00 | PRANZ                                                                 | DESERT  | SUPLIMENT ORA<br>16:00 | CINA                                       |
|--------------------------------------|------------------------------------------|--------------------------------------------------------|-------------------------------------------------------|------------------------|-----------------------------------------------------------------------|---------|------------------------|--------------------------------------------|
| <b>DUMINICA</b><br><b>26.10.2025</b> | REGIM/COMUN                              | CEAI,IAURT,CRENVUSTI,MUSTAR,MIERE,UNT,PAINE            | 200ml/1buc-125gr/2-buc/30gr/2buc-40gr/2buc-20gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | EUGENIA |                        | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | DIABET / INSULINA                        | CEAI,IAURT,CRENVUSTI,MUSTAR,UNT,PAINE                  | 200ml/1buc-125gr/2-buc/30gr/2buc-20gr/300gr           | BRANZA<br>FAGARAS      | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | MAR     | PATEU                  | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | HEPATIC                                  | CEAI,CRENVUSTI,MIERE,UNT,PAINE                         | 200ml/2-buc/2buc-40gr/2buc-20gr/300gr                 | IAURT                  | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | MAR     | BISCUITI               | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | LAUZE                                    | CEAI,CRENVUSTI,MIERE,UNT,PAINE,MUSTAR                  | 200ml/2-buc/2buc-40gr/2buc-20gr/300gr<br>1buc-30gr    | IAURT<br>MUSLI         | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | EUGENIA | BISCUITI               | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | COPII 0-3 ANI/3-16<br>INSOTITOR          | CEAI,IAURT<br>MUSLI,CRENVUSTI,MIERE,UNT,BISCUITI,PAINE | 200ml/1buc125gr/2buc/2buc/40gr/2buc20gr/1buc-100gr    |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | EUGENIA |                        | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | ENTEROCOLITA<br>COPII/ADULTI             | BRANZA DE VACA,PAINE                                   | 100gr/300gr                                           |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |         | BISCUITI               | OREZ FIER                                  |
|                                      | CLOSTRIDIUM DIFFICILE                    | CEAINEANDULCIT,BISCUITI,BRANZA VACA,PAINE              | 200ml/1buc-100gr/100gr/300gr                          |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |         |                        | CEAI NEINDULCIT,OREZ FIERT                 |
|                                      | PISAT                                    | CEAI,LAPTE UHT,BISCUITI                                | 200ml/1buc-200ml/1buc-100gr                           |                        | SUPA CLARA DE LEGUME CU FIDEA<br>PULPA DE PUI FIARTA                  |         |                        | CEAI,BISCUITI                              |
|                                      | POSTOPERATOR 1                           | CEAI,BISCUITI,IAURT                                    | 200ml/1buc-100gr/1buc-125gr                           |                        | SUPA CLARA DE LEGUME CU FIDEA<br>CARTOFI NATUR CU PULPA DE PUI FIARTA |         | IAURT                  | CARTOFI NATUR                              |
|                                      | POSTOPERATOR 2                           | CEAI,IAURT,CRENVUSTI,PAINE                             | 200ml/1buc-125gr/2buc/300gr                           |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | EUGENIA |                        | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | LFV(lacto-fainos-vegetarian)             | CEAI,IAURT,UNT,MIERE,PAINE                             | 200ml/1buc-125gr/2buc-20gr/2buc-40gr/300GR            |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU CIUPERCI             | MAR     |                        | CEAI,CONSERVA DE PESTE                     |
|                                      | INTOLERANTA LA<br>LACTOZA                | CEAI,CRENVUSTI,MUSTAR,MIERE,PAINE                      | 200ml/2buc/2buc-30gr/2buc-4gr/300gr                   |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | MAR     |                        | CEAI,CONSERVA DE PESTE                     |
|                                      | GARZI                                    | CEAI,IAURT,CRENVUSTI,MUSTAR,MIERE,UNT,PAINE            | 200ml/1buc-125gr/2-buc/30gr/2buc-40gr/2buc-20gr/300gr |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU FRIPTURA DE PORC     | EUGENIA |                        | CEAI,SALAM,BRANZA TOPITA                   |
|                                      | CULTE RELIGIOASE<br>(fara carne de porc) | CEAI,BISCUITI,UNT,MIERE,PAINE                          | 200ml/1buc/100gr/2buc-20gr/2buc-40gr/300gr            |                        | SUPA CLARA DE LEGUME CU FIDEA<br>OREZ SARBESC CU PULPE DE PUI LA TAVA | EUGENIA |                        | CEAI,BRANZA TOPITA,CONSERVA DE PESTE,MIERE |

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